



Nursery Menu

Autumn Term

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (Served until 8:30am)	A selection of cereals or toast with milk is available every morning				
Morning Snack (Served from 9:30)	A choice of two fruit & Crackers with cream cheese	A choice of two fruit & Pitta bread with hummus	A choice of two fruit & Rice Cracker	A choice of two fruit & Plain Yogurt	A choice of two fruit & Breadsticks
Lunch Main	Jacket Potato with home-baked beans and cheese (V)	Biryani with raita	Spaghetti Bolognese with mixed Vegetabile	Chinese Fried Rice and salad(V)	Tuna Pasta and cucumber sticks
Lunch Dessert	Mixed Fruit	Yogurt	Custard and Banana	Homemade cake	Mixed Fruit
Afternoon Snack	A choice of two fruit & Pitta bread with hummus	A choice of two fruit & Crackers with cream cheese	A choice of two fruit & Plain Yogurt	A choice of two fruit & Breadsticks	A choice of two fruit & Rice Cracker
Afternoon Tea	Cheese Sandwiches	Pitta bread Cheese Pizza	Vegetable rice	Beans on toast	Cheese Toastie

This Menu will be served week's commencing 2nd September, 30th September, 28th October, 25th November, and 16th December.

Our nursery menus are designed to be exciting and enjoyable, with a variety of flavours, textures, and colours, along with some favourite dishes that children love. We aim to include '5 a Day' in our meals, covering morning and afternoon snacks, lunch, and afternoon tea. Children can access water and milk throughout the day. Vegetarian dishes are marked with a (V). We cater separately for children with dietary requirements and allergies, ensuring their meals are as similar to the main menu as possible.



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Lunch Main	Dhaal and Rice w/ salad (V)	Fish cakes with Potato wedges	Vegetable pasta and Salad (V)	Pilau Rice with mixed vegetables (V)	Vegetable Sausages in tomato sauce with Mash Potato and carrot sticks
Lunch Dessert	Yogurt	Mixed fruit	Rice Pudding	Homemade cake	Mixed Fruit
Afternoon Snack	A choice of two fruit & Breadsticks	A choice of two fruit & Plain Yogurt	A choice of two fruit & Crackers with cream cheese	A choice of two fruit & Pitta bread with hummus	A choice of two fruit & Rice Cracker
Afternoon Tea	Tomato Soup with toast	Lentil soup with Pitta bread	Spaghetti hoops with toast	Pasta bake	Cheese Sandwich
This Menu will be served week's commencing: 9th September, 7th October, 4th November, 2nd December					

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Lunch Main	Mac and Cheese and salad (V)	Chilli Con carne with rice and salad	Chicken Chow Mein and cucumber sticks	Chickpea and potato Curry with rice and salad (V)	Fish cakes with Potato Wedges and carrot sticks
Lunch Dessert	Mixed Fruit	Yogurt	Mixed Fruit	Yogurt	Homemade cake
Afternoon Snack	A choice of two fruit & Plain Yogurt	A choice of two fruit & Crackers with cream cheese	A choice of two fruit & Breadsticks	A choice of two fruit & Pitta bread with hummus	A choice of two fruit & Rice Cracker
Afternoon Tea	Cheese Sandwiches	Beans on toast	Spaghetti Bolognese	Cheese Toastie	Chickpea curry with Pitta bread
This Menu will be served week's commencing: 16th September, 14th October, 11th November, 9th December					

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Lunch Main	Penne Pasta with tomato sauce, peas and sweetcorn (V)	Shepards pie with gravy and carrot sticks	Chicken Curry with rice and salad	Vegetable Noodle Stir Fry (V)	Vegetable Pizza with potato wedges and cucumber sticks (V)
Lunch Dessert	Mixed fruit	Yogurt	Yogurt	Mixed Fruit	Homemade Cake
Afternoon Snack	A choice of two fruit & Crackers with cream cheese	A choice of two fruit & Plain Yogurt	A choice of two fruit & Rice Cracker	A choice of two fruit & Breadsticks	A choice of two fruit & Pitta bread with hummus
Afternoon Tea	Tomato Soup with toast	Vegetable pasta	Vegetable couscous	Vegetable Fried Rice	Cheese Sandwich
This Menu will be served week's commencing: 23rd September, 21st October, 18th November, 23rd December					

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